

Proactive Compliance Management: How C1 Simplifies Complexity, Reduces Risk, and Ensures Continuity in Healthcare

Proactive, Scalable, and Resilient Compliance Solutions for Healthcare Providers

Simplifying Compliance Complexity in Healthcare

Today's healthcare environment demands more than periodic audits and reactive security updates. Organizations must navigate evolving regulations like HIPAA, HITECH, HITRUST, CMS audits, and emerging privacy mandates while securing patient data across hybrid and cloud-first ecosystems.

The C1 Compliance and Risk Management Solution Suite empowers healthcare providers to move beyond compliance challenges. Through C1's industry-leading Advisory, Professional, and Managed Services, and integrations with trusted technologies like Palo Alto Networks, Cisco, and Microsoft, healthcare organizations gain real-time compliance visibility, continuous risk management, and proactive audit readiness, ensuring uninterrupted patient care and operational resilience.



The C1 Advantage: Empowering Healthcare Compliance and Resilience

Proactive Risk Reduction and Continuous Audit Readiness

- Proactive identification and mitigation of compliance gaps, vulnerabilities, and risks to support informed decision-making and resilience.
- Risk-based incident response planning aligned with HIPAA/HITECH breach notification standards.
- Minimized breach exposure, regulatory fines, and operational disruptions.

Expert-Driven Advisory, Professional, and Managed Services

- Strategic Governance, Risk, and Compliance (GRC) advisory aligned to healthcare frameworks like HIPAA, HITRUST, NIST CSF.
- Deployment of security and compliance automation to accelerate audit readiness.
- 24/7 monitoring, incident support, breach management, and executive reporting.

Cost-Efficient, Predictable Compliance Operations

- Predictable OPEX pricing with reduced emergency remediation costs.
- Consolidated services to reduce administrative burden and vendor sprawl.

Scalable, Future-Ready Compliance Architecture

- Modular design to adapt to telehealth, Aldriven health initiatives, mobile health (mHealth), and IoMT expansion.
- Built to support HIPAA modernization, GDPR updates, and CPRA compliance.
- Designed for multi-cloud, hybrid, and onpremise clinical environments.



C1 Core Solution Components

Governance, Risk, and Compliance Strategy

- HIPAA Security and Privacy Rule mapping and HITRUST CSF certification readiness.
- Strategic compliance planning, third-party risk management, and audit support (HIPAA, HITECH, CMS, OCR).
- vCISO support for policy creation, development of a risk-informed cybersecurity program, cyber maturity enhancements, and improved visibility, governance, and response to security risks and incidents.

Incident Response and Breach Management

- Review and enhance the organization's Incident Response Plan (IRP) for completeness, accuracy, and alignment with industry best practices (e.g., NIST SP 800-61).
- Facilitate one tabletop exercise to simulate a realistic cyber incident, validate roles and responsibilities, and identify communication or procedural gaps.
- Provide on-demand guidance and oversight during live security incidents-including coordination with technical response teams, leadership, and internal/external communication stakeholders.
- Establish post-incident review processes to document lessons learned, evaluate response performance, and strengthen readiness for future events.



C1 Compliance and Risk Management: Seamless Transition in 5 Steps

Step 1 Assess:

Analyze current compliance posture, risk exposure, and regulatory gaps.

Step 2

Define: Set compliance maturity goals aligned to strategic and operational priorities.

Step 3

Plan:

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Develop a
phased,
disruption-free
modernization
roadmap for
compliance and
audit readiness.

Step 4

Deploy: Implement healthcarespecific solutions and services. integrated with leading security technologies.

Step 5

Optimize: Continuously monitor, update, and strengthen the compliance environment for resilience and growth.

Why Choose C1?

- **Healthcare Expertise:** Deep understanding of healthcare compliance, clinical workflows, and regulatory demands.
- **Technology Leadership:** Strategic partnerships with Palo Alto Networks, Cisco, Microsoft, Armis, and others.
- **Full Lifecycle Services:** Advisory, Professional, and Managed Services customized for healthcare risk management.
- **Operational Efficiency:** Streamlined compliance operations that free internal resources and reduce total cost of ownership.
- **Outcome-Driven:** Focused on measurable improvements in audit readiness, breach prevention, and operational resilience.

Get Started Today

- Schedule a Complimentary Compliance Readiness Assessment with C1
- Request a Demo of Our Continuous Compliance Monitoring Solutions

Protect patient trust, reduce regulatory exposure, and simplify compliance management, with C1 as your trusted partner.

Learn more about how C1 can help you migrate your existing contact center to the cloud and take advantage of the latest CX innovations to give you a competitive edge. Learn more by visiting our website at: www.onec1.com/connected-experience/c1-elly or contact us for a consultation and demo.

